



Granite Town Farms

<http://www.wildblueberry.ca>

*From the Earth to You.....
What's New?*

September??? Already???

September 2011

Where did our summer go!!! Only yesterday it was the first of July! But ah-h-h, the air is fresh and dry, a little crisp in the morning and there's still plenty of time to enjoy Mother Nature's outdoor bounties before sweaters and socks are needed!

The "Wild Blueberry Harvest" is about three-quarters done and, with Labour Day here, we are still enjoying the fresh fruits of *our* labour, many hues of blue, fresh and juicy from the acres of fields we manage surrounding our "farm". Our tractors chug to life at daybreak and "labour" with their drivers and workers till dusk. With sunny, dry weather on our side, another 8 to 10 days will wrap up active harvest for another year. Then the equipment gets lots of TLC and the tractors are equipped and readied for the "field mowing" that follows harvest – all 250 acres that were harvested this year (half of the total acreage) will be mowed hopefully by mid-November. Even fall is still a busy time here at the farm!



Wild Blueberry Smoothies

- 1 cup Fresh or Frozen Wild Blueberries
- 1 ripe banana, peeled & cut in pieces
- 1 cup vanilla yogurt (chocolate is good too!)
- 1 tablespoon Honey (or to taste)
- 1/2 cup orange juice
- Mint leaves for garnish (optional)

Place all ingredients in blender & mix until creamy. If too thick, add small amounts of milk or juice until desired consistency.

Make 3 (12 oz) servings



Sumptuous Sandwich Trio

And let's not forget, it's "back to school" and time to fuel those growing appetites! Check out our delicious and oh-so-healthy Smoothie recipe to get kids off to an energetic start in the morning. And hey, Moms and Dads, have a look at our "Sumptuous Sandwich Trio". Jazz up those hum-drum deli-meat and cheese "sammies" with Wild Blueberry Honey Mustard, Wild Blueberry Hot Pepper Jelly and Wild Blueberry Zesty Relish. Who knew Bologna could taste so good!

www.wildblueberry.ca/product_view.php?id=41668

Watch for these exciting 2011 events and more!

<http://www.wildblueberry.ca/events/>

September

- Labour Day Specials
- Fall Fair—St. Stephen
- Open Farm Day
Sept 18 (noon—4 pm)

October

- Indulge 2011
www.indulgenb.com/

November

- Christmas Wreath Orders
www.wildblueberry.ca/balsam-christmas-wreaths/

Feature Product



Fresh

Wild Blueberries
(last chance for Fresh)

Fresh-Frozen

Wild Blueberries
are available all year long!